

# Liquid measurements



## Gallons

1 gal

$\frac{1}{2}$  gal

$\frac{1}{4}$  gal

$\frac{1}{8}$  gal

$\frac{1}{16}$  gal



## Quarts

4 qt

2 qt

1 qt

$\frac{1}{2}$  qt

$\frac{1}{4}$  qt



## Pints

8 pt

4 pt

2 pt

1 pt

$\frac{1}{2}$  pt



## Cups

16 cup

8 cup

4 cup

2 cup

1 cup



## Fluid ounces

128 fl oz

64 fl oz

32 fl oz

16 fl oz

8 fl oz

# Dry measurements



## Cups

1 cup

$\frac{3}{4}$  cup

$\frac{2}{3}$  cup

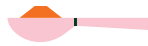
$\frac{1}{2}$  cup

$\frac{1}{3}$  cup

$\frac{1}{4}$  cup

$\frac{1}{8}$  cup

$\frac{1}{16}$  cup



## Tablespoons

16 tbsp

12 tbsp

$10\frac{2}{3}$  tbsp

8 tbsp

$5\frac{1}{3}$  tbsp

4 tbsp

2 tbsp

1 tbsp



## Teaspoons

48 tsp

36 tsp

32 tsp

24 tsp

16 tsp

12 tsp

6 tsp

3 tsp

# Butter measurements



## Sticks

## Cups

## Tablespoons

## Ounces

## Grams

½ stick

¼ cup

4 tbsp

2 oz

58 g

1 stick

½ cup

8 tbsp

4 oz

115 g

2 sticks

1 cup

16 tbsp

8 oz

230 g

## Cup measurements

## Pint, quart, gallon and pound conversions

⅛ cup

2 tbsp or 1 fl oz

¼ cup

4 tbsp or 2 fl oz

⅓ cup

5 tbsp and 1 tsp

½ cup

8 tbsp and 4 fl oz

⅔ cup

10 tbsp and 2 tsp

¾ cup

12 tbsp or 6 fl oz

⅞ cup

¾ cup and 2 tbsp

1 cup

16 tbsp or 8 fl oz or ½ pt

2 cup

1 pt or 16 fl oz

4 cup

2 pt or 1 qt or 32 fl oz

½ pt

1 cup or 8 fl oz

1 pt

2 cup or 16 fl oz

1 qt

4 cup or 32 fl oz

1 gal

4 qt or 16 cup

¼ lb

4 oz

½ lb

8 oz

¾ lb

12 oz

1 lb

16 oz

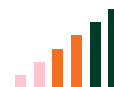
# Metric volume

1 mL	1/5 tsp
5 mL	1 tsp
15 mL	1 tbsp
60 mL	1/4 cup or 2 fl oz
80 mL	1/3 cup
125 mL	1/2 cup or 4 fl oz
160 mL	2/3 cup
180 mL	3/4 cup or 6 fl oz
250 mL	1 cup or 8 fl oz
375 mL	1 1/2 cup or 12 fl oz
500 mL	2 cup or 16 fl oz or 1 pt
700 mL	3 cup
950 mL	4 cup or 32 fl oz or 1 qt
1 L	33.8 fl oz
3.8 L	4 qt or 1 gal

# Metric weight

1 g	0.035 oz
100 g	3.5 oz
500 g	17.6 oz or 1.1 lb
1 kg	35 oz. or 2.2 lb

# Oven temperature conversion chart



Gas mark	Fahrenheit	Celsius	Celsius (fan)	Heat description
¼	225 F	110 C	100 C	Very cool
½	250 F	120 C	110 C	Very cool
1	275 F	135 C	125 C	Moderately cool
2	300 F	150 C	140 C	Cool
3	325 F	165 C	150 C	Cool
4	350 F	180 C	160 C	Moderate
5	375 F	190 C	170 C	Moderate
6	400 F	205 C	185 C	Moderately hot
7	425 F	220 C	200 C	Hot
8	450 F	230 C	210 C	Very hot
9	475 F	245 C	225 C	Very hot
10	500 F	260 C	240 C	Extremely hot