Care Carts

Whether you're a healthcare provider who needs to deliver groceries and medical supplies to patients post-hospital discharge, you're a dietitian who wants to deliver groceries for a patient's prescribed meal plan, or you're a caregiver who wants to send groceries to a friend or family member from afar, Care Carts are a way to send groceries to others. Instead of worrying about food, recipients can focus on recuperation while everything they need is delivered right to their door.



Ordering on Behalf of Someone Else

Enter the recipient's address to find a store near them and build your cart as usual.



When you're ready to check out, select "Make this order a gift" and enter the recipient's address. Select the Instacart Health digital card and enter your optional gift message.



Be sure to enter their most up-to-date contact information. If you provide the recipient's phone number, we'll send them a text message with your name and a link to schedule the delivery.

Note: Let recipient schedule delivery time is currently only available on the Instacart app

Receiving a Care Cart

These instructions only apply if the sender selected "Let recipient schedule delivery time"



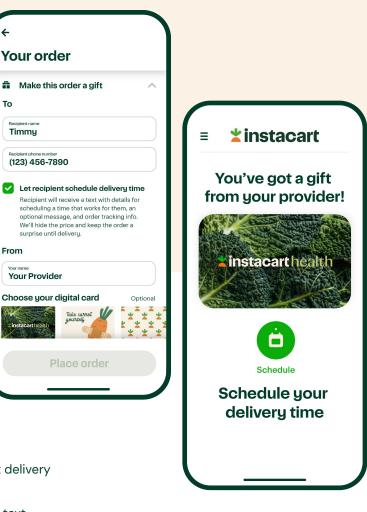
If you're receiving a gift through Instacart and the sender provides Instacart with your phone number, we'll send you a text message with delivery details and a link to schedule your incoming gift.



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You have the option to reschedule the order for a different delivery time through the link in the text message.

If we don't hear from you two days after sending the initial text message or the sender didn't provide your phone number, the delivery will be scheduled according to the sender's directions.





Scan the QR code to start shopping

Browse specific help topics or chat with a member of our customer care team on our support page at www.instacart.com/help

